

GOD GIVES MANNA TO EAT

Exodus 16:1-36

Exodus 16

¹The whole Israelite community set out from Elim and came to the Desert of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had come out of Egypt. ²In the desert the whole community grumbled against Moses and Aaron. ³The Israelites said to them, “If only we had died by the LORD’S hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.”

⁴Then the LORD said to Moses, “I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. ⁵On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days.”

⁶So Moses and Aaron said to all the Israelites, “In the evening you will know that it was the LORD who brought you out of Egypt, ⁷and in the morning you will see the glory of the LORD, because he has heard your grumbling against him. Who are we, that you should grumble against us?” ⁸Moses also said, “You will know that it was the LORD when he gives you meat to eat in the evening and all the bread you want in the morning, because he has heard your grumbling against him. Who are we? You are not grumbling against us, but against the LORD.”

⁹Then Moses told Aaron, “Say to the entire Israelite community, ‘Come before the LORD, for he has heard your grumbling.’”

¹⁰While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of the LORD appearing in the cloud.

¹¹The LORD said to Moses, ¹²“I have heard the grumbling of the Israelites. Tell them, ‘At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the LORD your God.’”

¹³That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp.

¹⁴When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. ¹⁵When the Israelites saw it, they said to each other, “What is it?” For they did not know what it was.

Moses said to them, “It is the bread the LORD has given you to eat. ¹⁶This is what the LORD has commanded: ‘Each one is to gather as much as he needs. Take an omer for each person you have in your tent.’”

¹⁷The Israelites did as they were told; some gathered much, some little. ¹⁸And when they measured it by the omer, he who gathered much did not have too much, and he who gathered little did not have too little. Each one gathered as much as he needed.

¹⁹Then Moses said to them, “No one is to keep any of it until morning.”

²⁰However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.

²¹Each morning everyone gathered as much as he needed, and when the sun grew hot, it melted away. ²²On the sixth day, they gathered twice as much—two omers for each person—and the leaders of the community came and reported this to Moses. ²³He said to them, “This is what the LORD commanded: ‘Tomorrow is to be a day of rest, a holy Sabbath to the LORD. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.’”

²⁴So they saved it until morning, as Moses commanded, and it did not stink or get maggots in it. ²⁵“Eat it today,” Moses said, “because today is a Sabbath to the LORD. You will not find any of it on the ground today. ²⁶Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any.”

²⁷Nevertheless, some of the people went out on the seventh day to gather it, but they found none. ²⁸Then the LORD said to Moses, “How long will you refuse to keep my commands and my instructions? ²⁹Bear in mind that the LORD has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where he is on the seventh day; no one is to go out.” ³⁰So the people rested on the seventh day.

³¹The people of Israel called the bread manna. ³²It was white like coriander seed and tasted like wafers made with honey. ³³Moses said, “This is what the LORD has commanded: ‘Take an omer of manna and keep it for the generations to come, so they can see the bread I gave you to eat in the desert when I brought you out of Egypt.’”

³⁴So Moses said to Aaron, “Take a jar and put an omer of manna in it. Then place it before the LORD to be kept for the generations to come.”

³⁵As the LORD commanded Moses, Aaron put the manna in front of the Testimony, that it might be kept. ³⁶The Israelites ate manna forty years, until they came to a land that was settled; they ate manna until they reached the border of Canaan.

³⁷(An omer is one tenth of an ephah.)

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POSSIBLE POINTS	MY POINTS	QUESTIONS
5		1.) What were the Israelites complaining about while they were in the desert?
5		2.) How did God provide food for the people?
5		3.) For how many years did the Israelites eat manna in the desert?
5		4.) Why do you think God provided food for the Israelites each day?

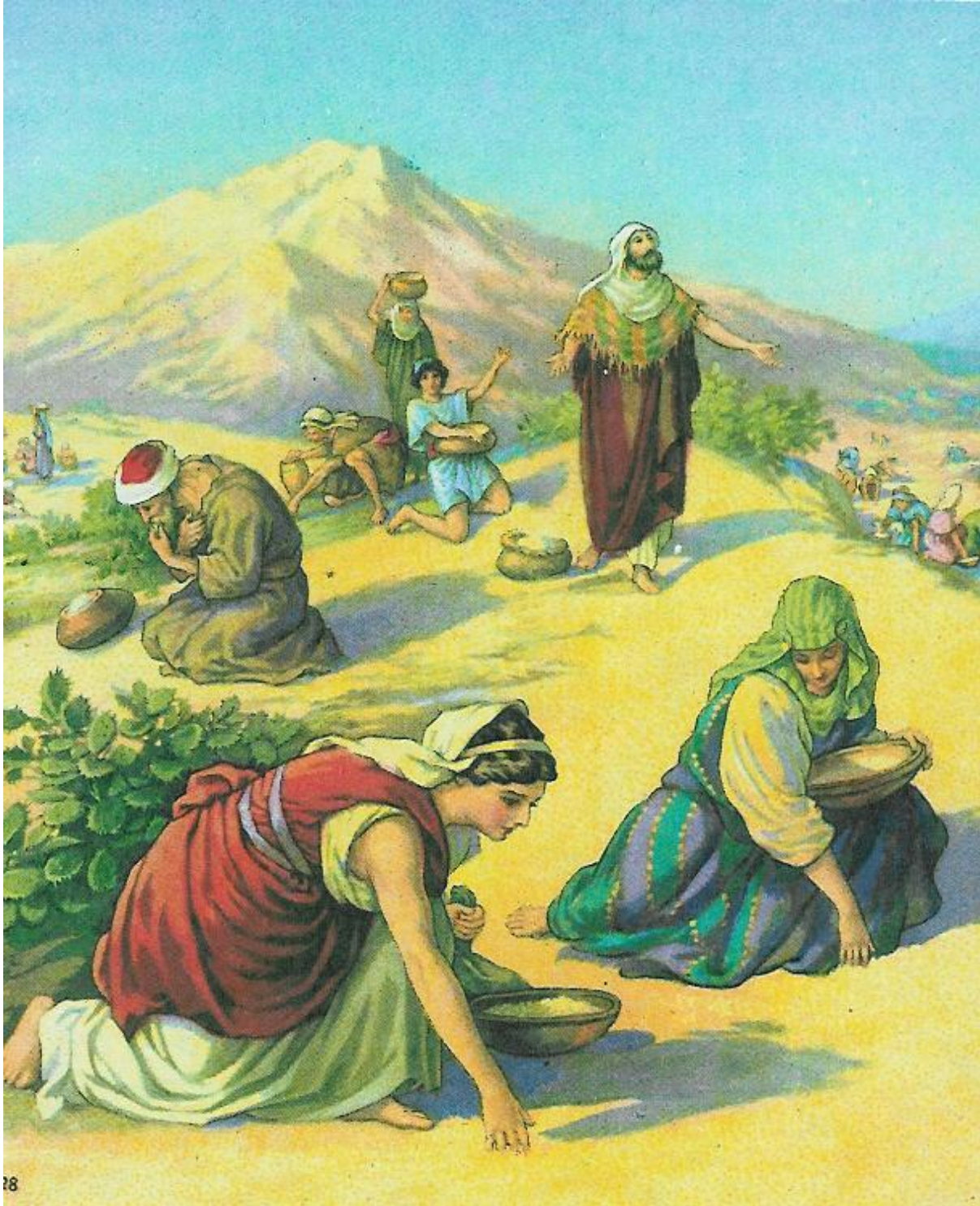
POSSIBLE POINTS	MY POINTS	MEMORY VERSE
10		<p>“For the bread of God is he who comes down from heaven and gives life to the world.”</p> <p style="text-align: right;">John 6:33</p>

POSSIBLE POINTS	MY POINTS	HOME CONNECTION	PARENT/GUARDIAN SIGNATURE
5		<i>I have read, or been read, the passage of scripture for this week.</i>	
5		<i>I have answered the questions aloud to an adult at home this week.</i>	
10		<i>I have recited the memory verse out loud to an adult at home this week.</i>	

TOTAL POINTS	CLUB CONNECTION
	<p>LEADER’S SIGNATURE _____ DATE ____/____/____</p>

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Exodus 16:1-36



Picture from *The Bible in Pictures for Little Eyes* by Kenneth N. Taylor. Moody Press: Copyright © 1956.

GOD GIVES MANNA TO EAT

Exodus 16:1-36



In the mornings God sent manna from heaven for the Israelites to eat

GOD GIVES MANNA TO EAT

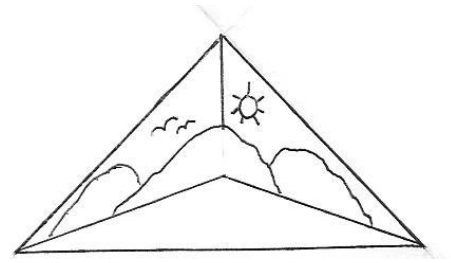
Exodus 16:1-36

CRAFT/ACTIVITY: DESERT TRIARAMAS

Students will make desert triaramas (desert scenes) to remind them of how God provided quail and manna for the Israelites to eat in the desert.

MATERIALS

1. 67 Lb. White Cardstock
2. Triarama Pattern
3. Scissors
4. Crayons, Markers, or Colored Pencils
5. Glue
6. Popped Popcorn



DIRECTIONS

1. Make a copy of the “triarama pattern” onto 67 lb. cardstock for each student.
2. Have the students color the cactus, the sun, sky, mountains, and foreground (the flap that says, “God provides food for the Israelites in the desert”) with crayons, markers, or colored pencils.
3. Have students cut out the “triarama”, cactus, and bird on the solid black lines.
4. Instruct students to fold on the dotted lines.
5. Glue the flap that says, “God provides food for the Israelites in the desert” on top of the flap that has the box that says “*glue*”.
6. Students may glue the cactus, bird, and pieces of popped corn onto the flap that says, “God provides food for the Israelites in the desert.”

FOR DISCUSSION

As students are working on the desert triaramas, remind them of how God provided for the Israelites after they left Egypt. Last week they learned that God provided water for the Israelites. This time, God was testing the Israelites to see if they would follow his instructions (Exodus 16:4). God’s provision of food was as follows: manna in the morning and quail in the evening. God later sent Jesus, his son, as “the bread of life.”

TIME NEEDED TO COMPLETE:

Approximately 20 minutes

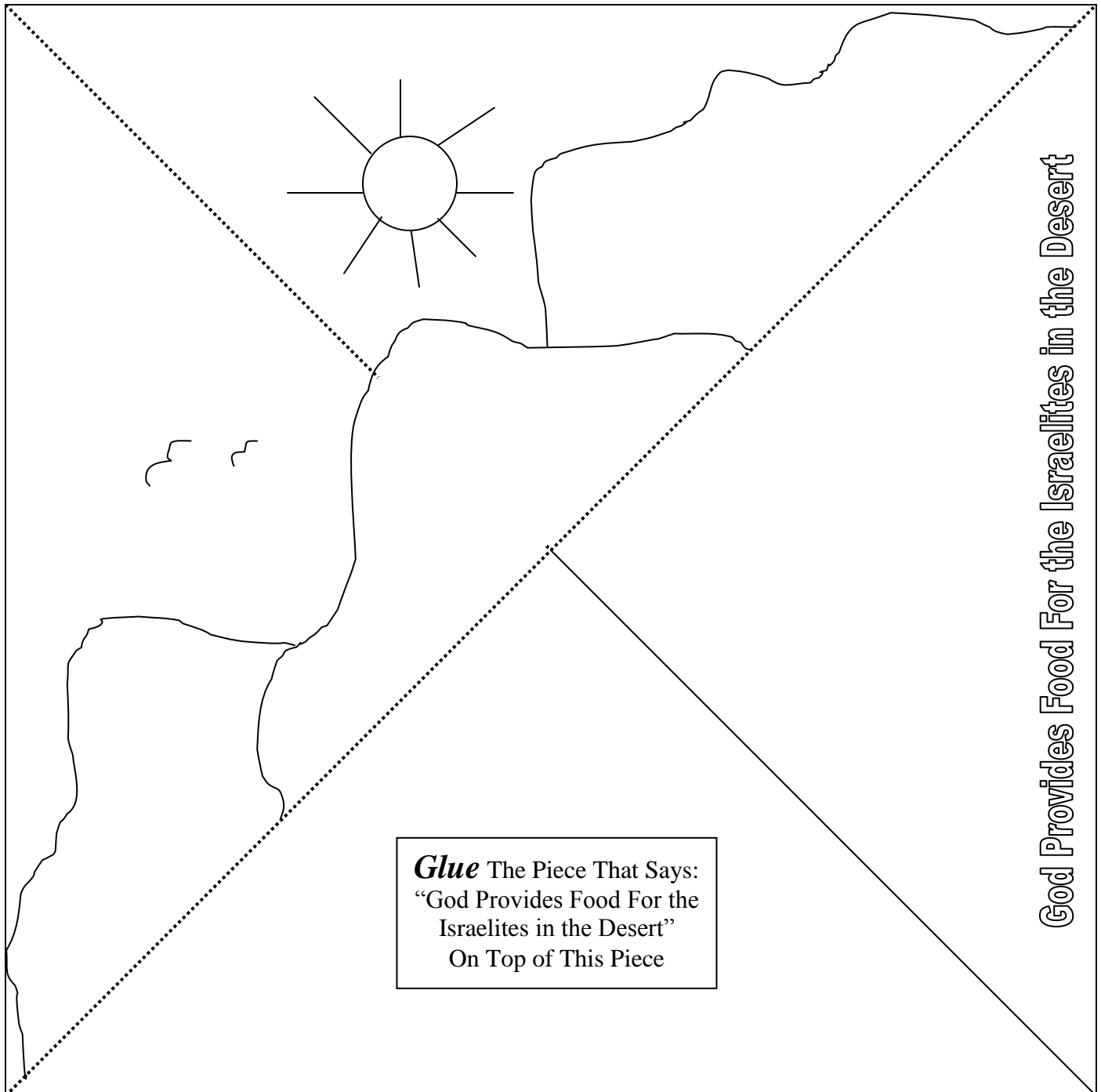
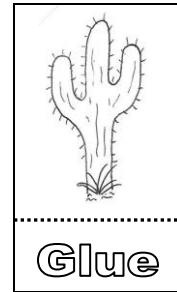
MEMORY VERSE

“For the bread of God is he who comes down from heaven and gives life to the world.” John 6:33

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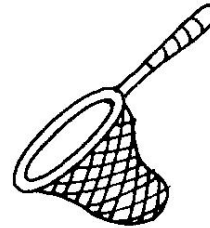
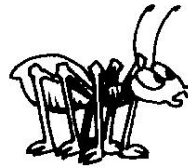
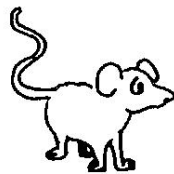
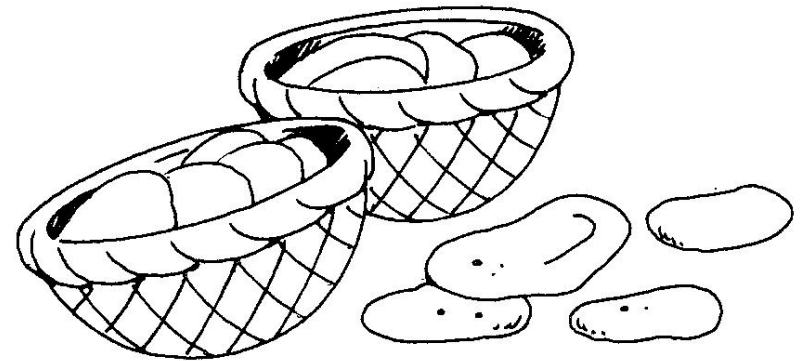
TRIARAMA PATTERN



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Look at these items. What are they? Write the first letter of each item on the line provided to see what special food God gave the Israelites.

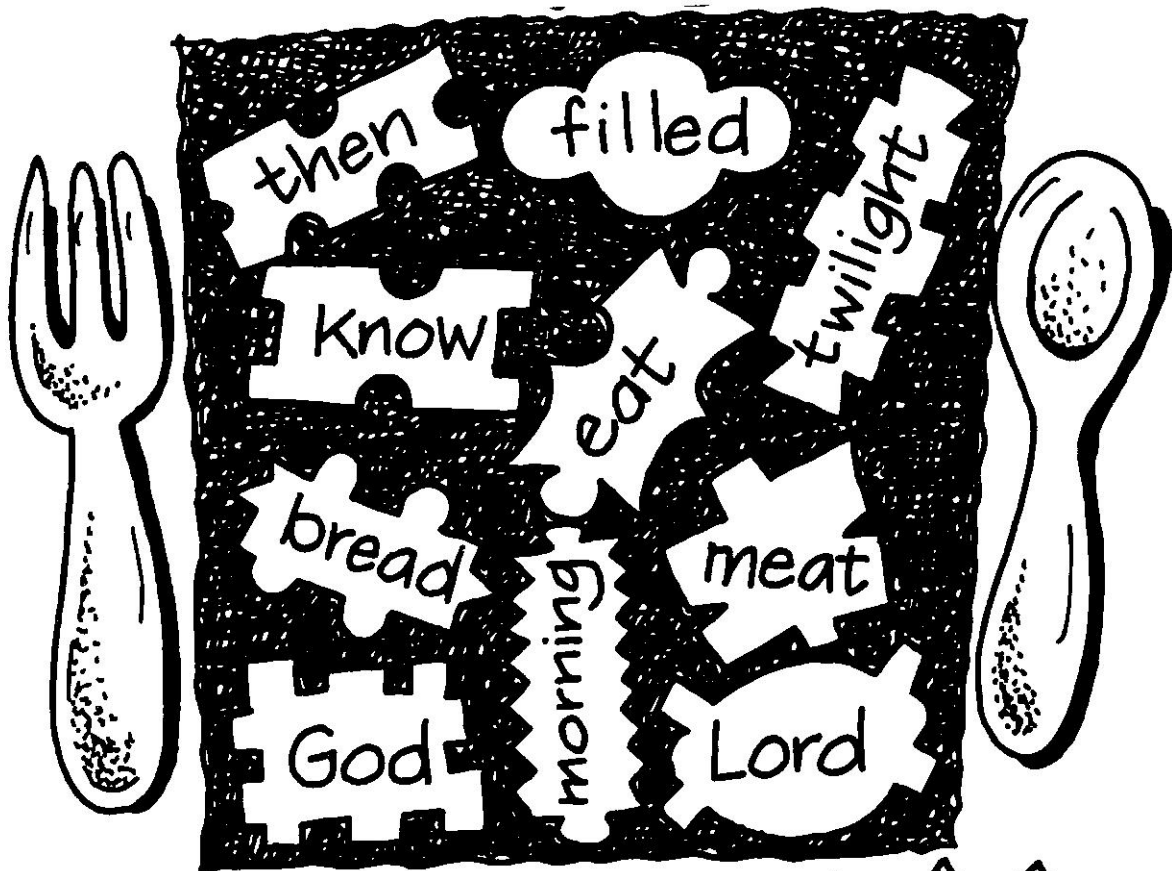


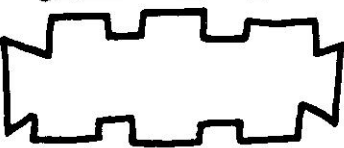
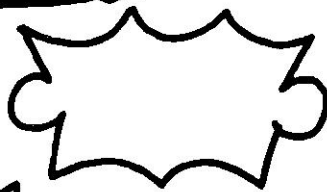
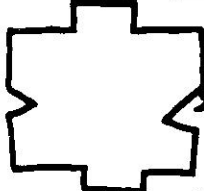
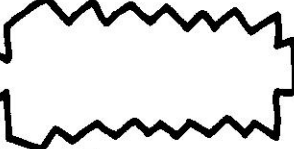

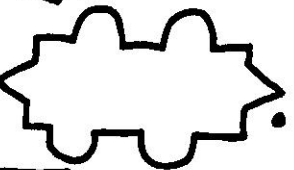
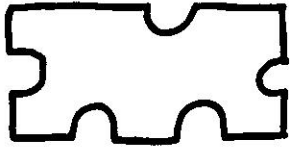
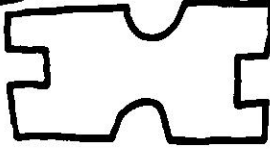
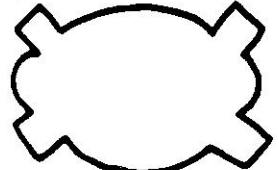

The Israelites walked in the wilderness for a long time after they left Egypt. When they ran out of food, they asked God for help. God sent them some special food to eat.

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Exodus 16:1-36

In your mind, match the puzzle pieces. Write each word in the matching puzzle piece to complete the verse.



At  you will 
 and in the  you will
be  with  
you will  that I am the
 your  Exodus 16:12

THE BIBLE TIMES HERALD

A SPECIAL REPORT ON EXODUS 16:1-36

GOD GIVES MANNA TO EAT



God used Moses to lead the Israelites out of Egypt where they were slaves. The people complained about not having any water and God provided water.

Next, the Israelites

complained that they didn't have anything to eat.

The Lord said to Moses, "I will rain down bread from heaven for you. Each morning the people may gather as much bread as they need for that day. On the sixth day, they are to gather twice as much bread as they would on normal days. No manna would come from heaven on the Sabbath (the day of rest). In the evenings I will give them quail to eat."

Moses told the Israelites, "No one is to keep any manna until the next morning." Some people did not listen and the manna went bad by morning. God wanted to test the Israelites to see if they would obey.

The manna was white and tasted like wafers made with honey.

Moses told Aaron to keep some manna in a jar and save it to show people in the future. The people would see how God provided manna to eat in the desert.

The Israelites ate manna for 40 years.

For more details, please read Exodus 16:1-36 in the Bible.

QUESTIONS

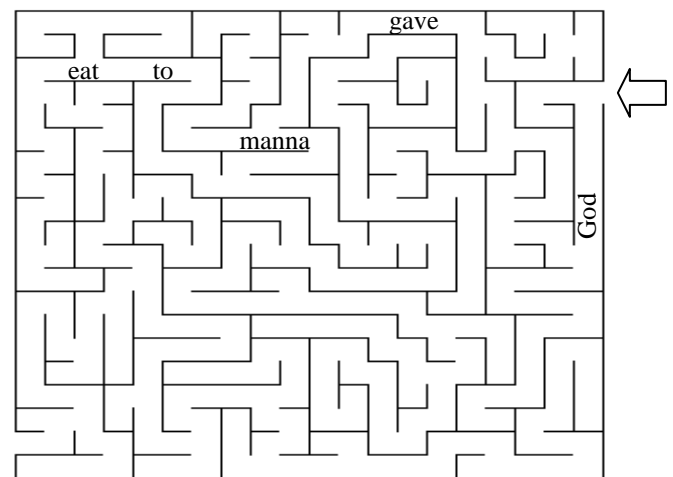
1. What did the Israelites eat while they lived in the desert?
2. What happened to manna when it was kept until the next morning?
3. For how many years did the Israelites eat manna?
4. Why did Moses tell Aaron to save some manna?

MEMORY VERSE

"For the bread of God is he who comes down from heaven and gives life to the world." John 6:33

MAZE MESSAGE

Write down each word as you come to it to find the hidden message.



Hidden message: _____

Ideas For Home:

Today your child learned how God provided food for the Israelites while they were in the desert.

1. Have your child finish coloring this book.
2. Help your child learn the *Memory Verse*.
3. Practice the *Bible Story Rhyme*.
4. Read and discuss the bible story with your child.
5. Hide popcorn (manna) all over the house. Let your child find the “bread” from heaven and eat it.

Bible Story Mini Book

God Gives Manna to Eat



Exodus 16:1-36

Colored by: _____



God also gave the
Israelites meat to eat.



The Israelite's looked for
food in the desert. Some
people complained because
they could find any.

Memory Verse

“...the bread of God...gives life
to the world...”

John 6:33

Bible Story Rhyme

We're in the desert,

(Use both thumbs to point to self)

What do we eat?

*(Hands out with palms up and shrugging
shoulders)*

Down from heaven,

*(Wiggle all fingers above head and wiggle
them to the ground)*

Comes a special treat.

(Rub tummy with right hand)



God gave them water from
a rock.

Have You Ever Sinned?

The Bible teaches that we have *all* sinned and do not measure up to God's glory. It also teaches that the price for sin is death which separates us from God. But even though we are sinners, Christ died for us and paid the price for our sin. We just need to ask him to forgive us and receive his free gift of salvation. Just pray this prayer, with a sincere heart, and Jesus will forgive you of your sins. You will become a child of God and live with Him in heaven.

“Dear Jesus,

Please forgive me for the bad things that I have done. Please come into my heart and be my Lord and savior. In your name I pray, Amen.”



**God sent manna from
heaven. Manna is bread.**

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PRESCHOOL GAME

Supplies: Popped popcorn, a clean bedsheet or a piece of plastic sheeting, and enough small paper bags for each child to have one

Kids will become dramatic characters who find themselves transported to an ancient desert for this tempting, tasty treat.

Say: Today we are going to find out what it was like for the Israelites to wander around in the sandy desert. Have the children follow your lead as you take them through the desert. Say: Drag your feet through the hot sand. Climb up that next tall dune. Oops! You went the wrong way! Turn around and go back. Imagine that you had been wandering for forty-five days and your tummy was growling. Start to grumble about how hungry you are as you keep walking and walking. Now stop grumbling because it's getting dark and you're too tired to even talk! Lay down with your eyes closed. Keep your eyes closed until I tell you it's morning. Leave an area open so you can spread out the sheet or plastic with a layer of popcorn spread over it while the children have their eyes closed.

Say: The Lord heard the grumbling of his people, and he sent a miracle in the morning. When the grumbly people woke up, there was "manna" scattered all over the ground. They gathered just enough to eat that day. Give each of the children a bag. Have them each fill up a bag and then sit down to eat their "manna" snack.

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PRESCHOOL BIBLE STORY RHYME



We're in the desert,
(Use both thumbs to point to self)

What do we eat?
(Hands out with palms up and shrugging shoulders)

Down from heaven,
(Wiggle all fingers above head and wiggle them to the ground)

Comes a special treat.
(Rub tummy with right hand)